Arrels

SEASONAL SAMPLING MENU

Chef´s aperitif

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"Xato" from Arrels on bread

Artichokes with clams, beans from Sant Pau and Iberic meat(C,L)

Rabbit cannelloni with truffle béchamel

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Bombon of lamb with wild mushrooms in a foie cream

or

BBQ octopus with wakame seaweed and truffle potato(C)

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Mató foam from Cal Manyà with quince and walnuts (V,C)

Crazy bites
Water and homemade bread

33,00€ (IVA Included)

(THIS MENU IS SERVED TO THE FULL TABLE)

V – Vegetarian dishes   **C – Coeliac dishes**   **L – Free-lactose dishes**

Arrels

STARTERS

16,75 €	Foie mi-cuit with bread, strawberries and nuts (L)
16,50 €	Galician style octopus' carpaccio with potato, La Vera pepper oil and sprouts (L, C)
19,50 €	Ham with thin crunchy bread with rubbed tomato (L)
17,50 €	Mahed potato with a fork, egg and trufflee (C,V)
16,80 €	Confit artichokes with cava, foie and truffle (L)
16,00 €	Rabbit raviolis with truffle béchamel
16,00€	"Xató" from Arrels on bread
18,00 €	Artichokes with clams, beans from Sant Pau and Iberic bacon (C,L)
16,00€	Meat cannelloni with béchamel

MAIN COURSE

17,00 €	Black rooster from El Penedes ´leg cooked at the Catalan style (L)
22,00 €	Matured beef fillet from Girona with Café du Paris spices (C)
14,50 €	Duck from El Penedès cooked at the Catalan style (L,C)
17,00€	Squid in a wok, ecologic vegetables and soya(C,L)
20,00 €	Cod in sauce from L´Arrels
22,00€	Lamb´s meat bonbon with wild mushrooms in a foie cream (C)
23,00€	BBQ ocotpus with wakame seaweed and truffle potato (C)
22,00€	BBQ sea bass with "Calçots" (L)
18,50€	Roast beef with tartare sauce (C)

DESSERT

6,00 €	Mató cheese from Cal Manyà foam with quince and walnuts (V,C)
6,00 €	Strawberry mousse with whipped cream and chocolate (V)
6,00 €	Seasonal fruit with an Ice-cream (V,C)
5,50 €	"Crema Catalana" foam with vanilla Ice-cream and carquinyolis (V)
6,00 €	Mandarin sorbet with Pacharan (V)
7,00€	"Rostes de Santa Tersa" with brioche bread (V)

* We have a menu for working days, ask for it to our staff.

(IVA INCLUDEED)

V - **Vegetarian dishes**　　　C - **Coeliac dishes**　　　L - **Free-lactose dishes**

If you have an allergy or is intolerant to some food, please ask our staff
for the procedure on how we elaborate our dishes.